## **ICT and Public Health**

ICT includes a variety of tools and services such as computers, mobile phones, satellite systems, radios, TVs, video conferencing, and distance learning platforms. The importance of ICT does not come from the technology itself, but from its capability to improve access to information and communication across distances. ICT has been used innovatively in various areas to enhance availability of crucial services like healthcare, banking, and insurance, leading to advancement in society.

On the other hand, public health focuses on advocating for and safeguarding the well-being of individuals and their societies. This field, grounded in evidence, concentrates on establishing secure settings for living, studying, working, and engaging in recreation. Tracking disease outbreaks, providing vaccinations, establishing safety standards, and creating nutrition programs are essential for public health efforts to enhance quality of life, alleviate human suffering, and decrease expenses. These actions are frequently unseen, yet are crucial in upholding the overall health and welfare of communities.

In the healthcare sector, ICT is strategically utilized in applications like e-Health and m-Health. These technologies are being used more and more to enhance health systems, make the most of resources, and support the implementation of universal health coverage. E-Health and m-Health are seen as major advancements, particularly in developing nations, as they improve the provision and availability of healthcare services. Through the incorporation of ICT in healthcare, these instruments enhance health results and well-being worldwide.

ICT has a significant influence on the transformation of healthcare education as well. It supports care focused on patients, lowers expenses, improves care quality and information exchange, and decreases travel time. With the healthcare system relying more on technology, health science students must increasingly acquire ICT skills. ICT allows for creative educational resources and group learning, giving students technical knowledge and analytical thinking abilities. Although the utilization of ICT in education is just beginning in certain areas like Ethiopia, its significance in aiding the achievements of both teachers and learners cannot be denied.

The COVID-19 crisis highlighted the crucial role of ICT in upholding medical education during social distancing regulations. Medical educators have extensively embraced ICT tools, such as online collaboration platforms, in order to maintain teaching and learning activities. On a worldwide scale, evaluating the factors that impact students' utilization of

ICT technologies is crucial as the incorporation of informatics in health science education becomes increasingly important.

Example India and Africa show how ICT can revolutionize healthcare. Projects such as the African e-Network Project, e-VidyaBharati, eAarogyaBharati, and the India-Africa Health Sciences Platform showcase how ICT can improve healthcare services and medical education globally.

## Conclusion

The incorporation of ICT in public health and healthcare education has transformed how services are provided, increased access to necessary care, and enriched educational opportunities. As nations keep investing in ICT infrastructure and training, the possibility of these technologies improving health outcomes and educational progress is becoming more apparent. Joint initiatives, such as those involving India and Africa, demonstrate the significant impact of ICT in building sustainable healthcare systems and uplifting communities globally. The key to the future of public health and healthcare education is using ICT effectively to guarantee equal and high-quality care for everyone.

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